Regions Hospital
OB
PGY 1 Resident Rotation

Goals of the rotation:
By the end of the first year, resident should be able to:

1. Comfortably conduct normal vaginal delivery and management of third stage complications (1,2)
2. Obtain basic skills in surgical technique and perform primary cesarean sections (1,2)
3. Evaluate, diagnose, and treat medical conditions occurring in pregnancy and post partum (1,2)
4. Work a managed care setting (3,6)
5. Gain expertise in providing care to pregnant patients using a multidisciplinary approach involving other specialists in medicine and health care delivery system (1,3,5,6)
6. Learn to take responsibility and be a team player (3,4,5)

Objectives of the rotation for Obstetrics Intern:
1. Obtain history, including genetic history and assess risks for future or current pregnancy (1,2)
2. Counsel patients regarding influences of lifestyle on pregnancy outcome (1,2,4)
3. Perform physical exams on new obstetrics patients (1,2)
4. Obtain history of inherited disorders, teratogen exposure, race and ethnic specific risks (1,2)
5. Order and interpret routine lab tests done at the first OB visit (1,2)
6. Describe warning signs of adverse pregnancy outcome (1,2)
7. Know proper screening tests for each prenatal visit (1,2)
8. Schedule subsequent prenatal visits with appropriately documentation (1,2)

In order to meet the above objectives, the resident will:

1. Attend morning rounds and sign-out rounds daily with attending staff, other residents, and student
2. Under guidance of OB Service Resident and staff, resident will:
3. Perform all uncomplicated vaginal deliveries and assist in complicated vaginal deliveries
4. Do all simple perineal lacerations after delivery and post partum tubals
5. Evaluate and admit appropriate patients presenting to L&D
6. Perform, under guidance, primary cesarean section by the end of the first year rotation
7. Round on post partum patients and pregnant post operative patients
8. Effectively communicate/interact with patients, colleagues, staff, and consultants
9. Conduct himself/herself in a professional and ethical manner at all times.

Schedule of time (where the resident is expected to be each day):
Mon AM: L&D
Mon PM: Didactic conference
Tues AM: L&D
Tues PM: L&D
Wed AM: L&D
Wed PM: L&D
Thurs AM: L&D
Thurs PM: L&D
Fri AM: L&D
Fri PM: L&D
Residents will miss an afternoon a week from this schedule (Tues, Wed, Thurs or Fri) to attend their continuity clinic.

**Educational materials include:**

**Resident Evaluations will include the following:**
1. Standard E-value evaluations will be sent to staff physicians who work with the resident.

**Site locations:**

*Regions Hospital*
640 Jackson Street
St. Paul, MN 55101
phone: (651) 254-3456

**Key to ACGME General Competencies met by each objective:**
1 = Patient Care
2 = Medical Knowledge
3 = Practice-based Learning and Improvement
4 = Interpersonal and Communication Skills
5 = Professionalism
6 = Systems-Based Practice