Sophia Albott, MD - Psychiatry
Albott, a post-doctoral research fellow, has been selected as the recipient of the Chair’s Choice Travel award by the Society of Biological Psychiatry (SOBP). Jazmin Camchong, PhD, and Justin Anker, PhD, also received travel awards through SOBP.

Karen Ashe, MD, PhD - Neurology
Alzheimer’s might soon be a forgotten memory with this latest breakthrough. University Herald, Daily Mail

Alzheimer’s researchers at University of Minnesota reverse memory loss in mice. Star Tribune, KARE 11, MinnPost, WUSA-9, NIH, Medical Xpress, Health Medicine Network, KSTP, MPR

Caspase-2 may unleash soluble toxic tau fragment. Alzforum

In it for the long haul - With donor support, U researchers make another leap toward a cure for Alzheimer’s disease. UMF

Ashe and James Clearly, PhD - Neurology were recently recognized as faculty members who met the publication criteria to be added to the Medical School Wall of Scholarship in 2016.

David Bond, MD, PhD - Psychiatry
Lower levels of appetite hormones may also account for depressive relapse in people with bipolar disorder, study finds. Health Talk

Study finds link between obesity and depression relapse. Minnesota Daily

Kathryn Cullen, MD - Psychiatry
Emerging methodology may improve mental health research. Health Talk

Pamela Gonzalez, MD - Psychiatry
AAP Conference Preview: Protect your patients from opioid addiction. AAP News

The Opioid Epidemic Now Extends To Children Too. Forbes

Suma Jacob, MD, PhD - Psychiatry
Autism expertise leads to earlier diagnosis. UMN News

DNA research may lead to early intervention for children with autism. MinnPost

Roger Kathol, MD - Psychiatry
Behavioral therapy works best for insomnia. American Psychological Association

Dr. Roger Kathol discusses health outcomes of treating mental illness. AJMC.com

Ilo Leppik, MD - Neurology
Minnesota doctor pushing the notion of cannabis for canines. Star Tribune, Voice of Alexandria

Pot a potential treatment for epileptic pooches. Winnipeg Free Press

Walter Low, PhD - Neurosurgery
The Academic Health Center Faculty 2016 Research Development Grants Program funded 11 new projects; Low was a researcher who received funding.

Gerald Raymond, MD - Neurology
Mom creates ‘joy list’ with family to help sick child experience life’s beauty. Today

Carlos Schenck, MD - Psychiatry
Increase in men cleared of rape who say they were sleeping. Swedish Radio

Sheila Specker, MD - Psychiatry
Specker was recently recognized for her many contributions to education in Addiction Medicine, through an invitation to a National Symposium held at the White House: “Medicine Responds to Addiction II: Academic Medical Centers as Centers of Excellence in Addiction Medicine.” Dr. Specker served as a facilitator of a breakout workgroup focused on the role of fellowship training in addiction medicine.

Scott Sponheim, PhD - Psychiatry
Received a $1.7M NIH grant to study neural disconnection and errant visual perception in psychotic psychopathology.

Sophia Vinogradov, MD - Psychiatry
Psychiatry 2.0 - New leader brings an inclusive approach and an innovative treatment concept—to the University’s Department of Psychiatry. UMF

Jerrold Vitek, MD, PhD - Neurology
Twin Cities father to undergo cutting-edge brain surgery at U. Star Tribune
75th Anniversary Celebration and All-Class Reunion Weekend

The Program in Physical Therapy (formerly known as the Division of Physical Therapy) celebrated its 75th anniversary of excellence in teaching, research, and service with an Anniversary and All-Class Reunion celebration during the weekend of September 16 & 17, 2016. The weekend attracted over 350 alumni and friends back to campus.

Weekend events included a Cadaver Anatomy Review Course, a kick-off event at the Weisman Art Museum, PT Jeopardy with interim Program Director Dr. Jim Carey as host, a panel discussion, campus tours, and Children’s Rehabilitation Center open house. Saturday evening guests gathered at TCF Bank Stadium for an awards program, dinner, and comedy show.

The program began with a viewing of their special 75th Anniversary History Video (http://z.umn.edu/PTHistory).

Alumni Board Awards Chair, Nancy Buseth PT’87, presented two alumni awards. Dr. Rebecca Vogsland, DPT’07, OCS, CSMT, CMTPT, TPS was the recipient of the Rising Star Alumni Award and the Distinguished Alumni Award was presented to Dr. Chris Kramer, PT’00.

The Division of Physical Therapy is proud of their outstanding students, alumni, faculty and staff that provide the highest quality of teaching, research and service over the past 75 years to prepare the next generation of Physical Therapists and they look forward to their future.

Jean Carey, PhD, PT, FAPTA, hosting PT Jeopardy at McNamara Alumni Center on Saturday morning.

Dinner attendees at TCF Bank Stadium’s DQ Club.

Online Partnership to Accelerate Research (OnPAR)

**The Online Partnership to Accelerate Research (OnPAR)** is a new, public-private collaborative effort of NIH and Leidos, a company that works in the health, defense, and engineering markets. OnPAR provides a portal for researchers who did not receive NIH funding to upload their NIH-submitted abstracts for review by other organizations that might want to support their projects. The innovative program is designed to support applications that score well: within the 30th percentile or high when percentiles are not used.

Abstracts submitted to OnPAR are screened and passed along to funders, called sponsors, when they fit funders’ research criteria. If interested, sponsors connect with the principal investigators to see the full NIH applications and reviewers’ comments. While promising, it is important to note that OnPAR is not a substitute for NIH funding.

To read more about OnPAR and how it works, visit the Association of American Medical Colleges website.

University of Minnesota Health (M Health) celebrates the 157 physicians, across 45 specialties, named as “Best Doctors” in the October 2016 issue of Minnesota Monthly.

Doctors included on the list were selected by their peers through a survey of more than 10,000 licensed Minnesota physicians in the 11-county metro area. M Health physicians accounted for 18 percent of the total list. View the list of M Health Best Doctors.

Addiction Medicine - Sheila Specker, MD

Neurology - Peter Karachunski, MD; Paul Tuite, MD

Physical Medicine and Rehabilitation - Dennis Dykstra, MD

Psychiatry - Gail Bernstein, MD; Kathryn Cullen, MD

MnDRIVE FELLOWSHIPS

MnDRIVE Fellowships in Neuromodulation

The University of Minnesota announces its 2017-2018 Fellowship Program in Neuromodulation. Fellowships are funded by the Discoveries and treatments for brain conditions core area of the MnDRIVE (Minnesota Discovery, Research and Innovation Economy) Initiative.

Application Process

Applications will be accepted through January 20, 2017 for summer and fall (2017) start dates. Application materials and instructions can be accessed at: https://mndrive.umn.edu/brain/funding.

Decisions will be announced mid-March, 2017.

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YOU ARE HERE. WE LIKE THAT.

Wellbeing means leading a happy, healthy, and fulfilled life. The University cares about faculty and staff wellbeing, and it offers many programs and resources to support your wellbeing journey.

**Connect with Wellbeing at the University**

Individual wellbeing and community wellbeing go hand-in-hand. **Click here** to look for new ways to engage in the University community and improve your own wellbeing. A few examples of these great resources include:

- **Campus Climate—Ways to Get Involved**
- **Community Wellbeing Assessment**
- **Twin Cities Volunteer Opportunities**
- **Wellness Program**
- **University Events Calendar**

**A Healthy U Begins With You**

Ninety percent of health has to do with the food we eat, how much we exercise, how we manage stress, how much we sleep, as well as our social, environment, and genetic influences.

There are many [University resources](#) to support your personal health. Ways you can improve your personal health and wellbeing include:

- **Telephone Health Coaching – Life Style Change**
- **Gym Reimbursements/Fit Choices**
- **Mindfulness-Based Stress Reduction Program**
- **Financial Counseling**
- **Virtual Care**

WELCOME NEW EMPLOYEES!

Our newly hired Faculty, Fellows, Residents, Staff and Students who started in October and November.

**CNC ADMIN CENTER**
Bobbie Lundberg

**NEUROLOGY**
Hyoung Won Choi, MD
Lan Mu, PhD

**REHABILITATION MEDICINE**
Colleen Galligan

**PSYCHIATRY**
Tegan Batres y Carr
Peter Lynn
Evan Meyer
Rebecca Murphy, PsyD
Robert Sadler
Ana Westervelt

PERFORMANCE APPRAISALS

2016 Performance Appraisals

The 2016 performance appraisals for Administrative Professional, Civil Service and Labor Represented employees will be initiated on January 3, 2017.

The purpose of the performance appraisal process is:

- To formally document and recognize performance and identify goals so that expectations are clear between the supervisor and employee.
- To help align individual performance priorities with the broader priorities of the department, unit, school or college and ultimately the University.
- To enhance two-way feedback regarding performance, productivity, developmental needs and work strategies between the employee and supervisor.

A formal email will be sent out to supervisors and employees prior to appraisal initiation with further information regarding the Performance Appraisal timeline, guidelines, and helpful resources.

The CNC HR Performance Appraisal Contacts are:

**Neurology, Neurosurgery, Rehabilitation Medicine**
Elsa Stork
ekstork@umn.edu
612-625-6110

**Psychiatry**
Maren Cote
mmpeters@umn.edu
612-626-3021