The following doctors were named to the *Mpls.St.Paul Magazine* 2016 “Top Doctors” list in their respected fields. Each individual named to the list of “Top Doctors” was nominated by their peers across the metro area for their exceptional care.

**Neurological Surgery** - Daniel Guillaume, MD, Stephen Haines, MD, Matthew Hunt, MD, Ramachandra Tummala, MD

**Neurology** - John Fioberg, MD, Thomas Henry, MD, Paul Tulie, MD, John Tulloch, MD, David Walk, MD

**Physical Medicine/Rehabilitation** - Dennis Dykstra, MD

**Psychiatry** - Gail Bernstein, MD, Sheila Specker, MD

**Psychiatry** - Stephen Haines, MD - Neurosurgery

Local child raising money for hydrocephalus treatment through golf. [KSTP](http://www.kstp.com)

**Neurology** - Michael Howell, MD

Expert perspective: new sleep guidelines for children announced. [Health Talk](http://www.healthtalk.org)

Health warning draws attention to color of LED streetlights in Minneapolis, St. Paul. [Star Tribune](http://www.startribune.com)

Seeking help for sleeplessness. [Kare 11](http://www.kare11.com)

**Psychiatry** - Jerome Kroll, MD

Psychiatrists can’t tell us what they think about Trump. [Five Thirty Eight](http://fivethirtyeight.com)

**Neurosurgery** - Walter Low, PhD

Human-pig hybrid organs could be the hope for transplant patients, U.S. scientists say. [Nature World News](http://www.natureworldnews.com), [The Herald](http://www.chc.ae)

Scientists creating human-pig hybrids for organ transplants that could develop into ‘monsters’. [Life News, Science News Hub](http://www.lifenews.com)


**Neurology** - Colum MacKinnon, PhD

Possible link between Parkinson’s and sleep disorders. [YouTube, Health Talk](http://www.youtube.com)

**Neurosurgery** - Michael Park, MD, PhD

360-degree video featuring Robotic Surgical Assistant (ROSA) robot to implant electrodes into the brain of an epilepsy patient. [YouTube](http://www.youtube.com)

**Psychiatry** - Karina Quevedo, PhD

U of M study focuses on positive memories as a way to fight adolescent depression. [MinnPost](http://www.minnpost.com)

**Neurology** - Adnan Qureshi, MD

Blood pressure management is only part of the story in intracerebral hemorrhage. [Neurology Advisor](http://www.neurologyadvisor.com)

Intensive treatment no better than standard treatment for lowering blood pressure in people with acute intracerebral hemorrhage. [Neurology Today](http://www.neurologytoday.com)

Standard blood pressure target sufficient for treating some strokes. [Barchester, NIH News, Medical Research](http://www.nih.gov)

**Rehabilitation Medicine** - Tonya Rich, MA, OTR/L

Rich was awarded a Council of Graduate Students Travel Award to present at the American Physical Therapy Association’s IV STEP meeting.

**Rehabilitation Medicine** - Ann Van de Winckel, PhD, PT, MSc

Van de Winckel was awarded a grant from the OVPR Grant-in-Aid of Research, Artistry and Scholarship (GIA) for her study titled “Correlational Analysis and Functional Connectivity between Brain Lesions and Sensorimotor Impairments in Stroke.”

**Psychiatry** - Sophia Vinogradov, MD


**Psychiatry** - Jeff Wozniak, PhD, LP

Fetal alcohol syndrome, the hidden epidemic of brain damage. [Stat News](http://www.statnews.com)

**Rehabilitation Medicine** - The Department of Rehabilitation Medicine

New clinical information librarian Connie M. Bongiorno, MSLS, recently started working for the University. Connie is C.I.T.I. certified as a principal investigator for research and often collaborates with faculty and students on both University and Hospital related projects. She is currently working on embedding the Clinical Librarian into patient rounding, resident didactics, grand rounds, point of access technologies, evidence based medicine, publishing and research with the Physical Medicine and Rehabilitation residents and faculty and hopes to expand the program to other specialties.

**Stroke Center** - The University of Minnesota Health Stroke Center

joined an elite group of approximately 100 stroke treatment centers nationwide in early June, when it received the Joint Commission’s Comprehensive Stroke Center certification. [Read more](http://www.minnesotatherald.com)

**Rehabilitation Medicine** - Connie M. Bongiorno, MSLS, recently started working for the University. Connie is C.I.T.I. certified as a principal investigator for research and often collaborates with faculty and students on both University and Hospital related projects. She is currently working on embedding the Clinical Librarian into patient rounding, resident didactics, grand rounds, point of access technologies, evidence based medicine, publishing and research with the Physical Medicine and Rehabilitation residents and faculty and hopes to expand the program to other specialties.
FROM THE CENTER DIRECTOR

I hope everyone has been enjoying the heat and humidity because before we know it, the leaves will be turning, students will be back, and the Twins will miss yet another postseason.

It has been an exciting and eventful summer for the clinical neurosciences community...

On August 1st, Psychiatry and the University welcome the arrival of Dr. Sophia Vinogradov as the new Department Head. The excitement and anticipation within the department is palpable as we embark on this new phase of leadership, reform and renewal. I want to express my sincere gratitude to Interim Department Head Dr. Mark Paller who led us all through a challenging transitional period and kept the department steered in the right direction.

After a year of diligent planning and preparation, the Department of Neurosurgery recently hosted the inaugural NeuroSafe 2016 symposium, July 14-16 in Chaska, MN. This first-of-its-kind international neurosurgical conference was designed as a forum for practitioners to improve safety and quality in neurosurgery. The event all led up to a marvelous tribute to Neurosurgery Department Head, Dr. Stephen Haines.

The Department of Neurology continues to grow in leaps and bounds. Over the next couple of months, we will be joined by new faculty members Drs. Ben Miller (stroke and neurocritical care), Ilan Choi (pediatric neurology) and Elizabeth Neil (neuro-oncology). Department Head Dr. Jerry Vitek continues to actively pursue the recruitment of multiple physician scientists to expand upon the academic strengths of the department and bring its research programs to the next level.

The Department of Physical Medicine & Rehabilitation is now the Department of Rehabilitation Medicine, a name change proposed and approved to better reflect the broad range of clinical and academic activities in the department. With this change, the department has formally restructured into the four divisions of Adult Neuropsychology, Physical Medicine & Rehabilitation, Physical Therapy, and Rehabilitation Science and will soon be engaging in a period of strategic planning to set a shared vision for the years to come.

While by no means a comprehensive list, these are just a few representative examples of enormous efforts across our departments to grow and elevate the neurosciences here at the U.

Hope to see you at the State Fair!

Sincerely,

Jeremy Marshall
CNC Administrative Center Director

WELCOME SOPHIA VINOGRAVOD, MD

I hope everyone has been enjoying the heat and humidity because before we know it, the leaves will be turning, students will be back, and the Twins will miss yet another postseason.

Sophia Vinogradov, MD
Professor and Head
Donald W. Hastings Endowed Chair
Department of Psychiatry
University of Minnesota Medical School

On Monday, August 1, 2016, Sophia Vinogradov, MD, will resume her role as head of the University of Minnesota Department of Psychiatry. Dr. Vinogradov comes to us from the University of California, San Francisco School of Medicine, where she is Professor and Vice Chair of the Department of Psychiatry. She is also Associate Chief of Staff for Mental Health at the San Francisco VA Medical Center.

Dr. Vinogradov is an internationally renowned schizophrenia researcher. She is leading efforts to study ways of improving neural system function in the brain in people with mental illness, using cognitive training (brain training methods) and other approaches.

Dr. Vinogradov grew up in Ann Arbor, Michigan. While studying abroad, she enrolled in medical school in France where she did her preclinical studies, and then completed her M.D. at Wayne State University School of Medicine in Detroit. She did her psychiatry residency at Stanford University School of Medicine, where she also served as Chief Resident. She completed a Psychiatric Neurosciences Research Fellowship at the Palo Alto VA Medical Center and Stanford University, before joining the faculty at UCSF.

A special thank you to Dr. Mark Paller for his work serving as interim head of psychiatry during this transitional period.

Dr. Vinogradov can be reached by email at svinogra@umn.edu or through her executive assistant, Leslie Bonnell at 612-273-9818 or lbonnell@umn.edu.
Clinical Neurosciences at the Minnesota State Fair

**Date:** Sunday, September 4, 2016  
**Time:** 9:00 am - 9:00 pm  
**Location:** U of M Health Zone, Crossroads Building

Clinical Neurosciences at the University of Minnesota includes specialists in neurology, neurosurgery, memory, psychiatry, epilepsy, stroke care, trauma, and neuromodulation. We offer a full spectrum of care for your brain and nervous system and will have experts on hand to talk about these services. We have activities for the whole family so stop by our exhibit to see and learn more, including a real human brain! Don’t forget to take your chance spinning our prize wheel! University of Minnesota Health Cares for Your Brain!

Be sure to swing by from 10:00 am - 12:00 pm to see our stage presentations. Dr. Andy Grande and specials guests will be hosting The Brain Game, Dr. Michael Howell will educate and entertain on the importance of sleep and sleep disorders, and our trauma team will be on hand to demonstrate the importance of brain safety and effective concussion management.

**Interested in volunteering for the event?** We are looking for volunteers to help with set-up and/or man the exhibit tables (Brain, Children’s, Epilepsy, Stroke, Neuromodulation, and Prize Wheel). We ask for two hours of your time and volunteers do not need to be employed by the University or M Health, nor do they need to have a medical background/experience if staffing the children’s or prize wheel table. We do ask that volunteers are age 16 or older and arrive 15 minutes prior to the shift for instructions/questions.

Each volunteer will receive complimentary admission to the fair (stay for the whole day, before or after your shift) and a t-shirt to be worn while volunteering. **Contact Trisha Horsmann at horsmann@umn.edu or 612-625-6111 for more information.**

**DON’T FORGET! - MAROON & GOLD DAY**

Sunday, September 4th is also Maroon and Gold Day at the State Fair! Show your spirit by wearing school colors and be sure to catch the State Fair Parade at 2:00 pm.
Get 150 Wellness Points Before August 31 Deadline!
The deadline to lower your UPlan costs next year by participating in the Wellness Program is August 31.

Attend a Biometric Health Screening clinic and earn 150 Wellness Bank points. Register now for one of these upcoming clinics:
• Tuesday, August 2, Humphrey School
• Wednesday, August 3, Boynton Health
• Wednesday, August 10, St. Paul Student Center
• Tuesday, August 16, Coffman Union
• Wednesday, August 17, Boynton Health
• Thursday, August 18, Donhowe
• Tuesday, August 23, Boynton Health
• Wednesday, August 24, Boynton Health
• Monday, August 29, Boynton Health
• Wednesday, August 31, Boynton Health

Screenings take 15-20 minutes and are offered at no cost to UPlan members and their covered spouses. Boynton Health staff will perform the tests and help you interpret the results, including:
• Total cholesterol, HDL, LDL, triglycerides and blood glucose testing
• Body composition testing
• Blood pressure check

Your results will appear in your StayWell wellness assessment within six to eight weeks.

Walk-ins are welcome, but wait times are minimal with appointment. Please bring your UCard or photo ID to your appointment; an insurance card is not required.

Our newly hired Faculty, Fellows, Residents, Staff and Students who started in June and July.

CNC ADMIN CENTER
Angela Meagher

NEUROLOGY
Julia Gamache
Shikha Goodwin, PhD
Ryoko Hatsuigai
Eric Huang
Adam Loavenbruck, MD
Benjamin Miller, MD
Arun Singh, PhD
Mohammed Alkuwaiti, MD
Aubree Bruhnding, MD
Roxanne Felt, MD
Tanner Ferderer, MD
Michael Hayes, MD
Allison Ho, MD
Daraspretty Kainth, MD
Shailesh Male, MD
Nathan Mcgraw, MD
John Riedinger, MD
Huseyin Tore, MD

NEUROSURGERY
Vibha Harindra Savanur
Benjamin Parchen
Samuel Cramer, MD
Bryan Ladd, MD
John Leschke, MD

PSYCHIATRY
Leslie Bonnell
Melissa Fisher, PhD
Haven Hafar
Anchisa Pipatpinyopong
Ian Ramsay, PhD
Brian Sanders
Sophia Vinogradov, MD
Matthew Adams, MD
Rana Elmaghraby, MD
Ozra Eslampanah Nobari, MD
Thomas Fewer, MD
Peter Knight, MD
David Kohn, MD
Bryn Schiele, PhD
Junao Wang, MD

REHABILATATION MEDICINE
Paul Bruhnding, MD
Anthony Cavalli, MD
Zeshan Chaudhry, MD
Saugat Dey, MD
James Dvorak, MD
Garret Feliciano, MD
Sarah Gramse, MD
John Hoops, MD
Emanuel Husu
Florence John
Haley Johnson
Alicia Phillips

Professional Development through Lynda.com
Summer is a great time to work on achieving personal and professional development goals. Learn business, software, technology and creative skills at your own pace through Lynda.com’s extensive video course library.

Lynda.com is available at no cost to current University of Minnesota students, faculty, and staff systemwide on all campuses. It provides access to nearly 2,000 courses for all skill levels in more than 140 specialties.

Course topics include: leadership fundamentals, stress management, productivity, collaboration, computer skills, and much, much more!

Sign-in with your UMN Internet ID and password, by going to lynda.umn.edu.